

# You Can Paint!

## Video course with Melanie Cambridge

### Description:

If you have never painted before, then this is the course for you. Gouache rather than watercolour is a great place to start. Colours can be thinned with water or made paler by adding white. They can be used straight from the tube for more defined brushstrokes and to work in layers of colour.

This video starts at the very beginning, showing you how to mix colours, paint simple shapes and handle your brushes with confidence before moving on to paint a still life and a landscape with poppies.

### MATERIALS:

#### Here are the colours used in this video:

Titanium White

Lemon Yellow

Cadmium Red

Ultramarine Blue

Burnt Sienna

*You will find all of these colours in my Introductory Set.*

[Melanie Cambridge® Artist Gouache Set](#)

**Brushes:** a large watercolour wash brush, a No.7 Round and a No.4 Round brush.

*You will find all of these brushes in my Beginner Brush Set.*

[Melanie Cambridge® Beginner Brush Set for Watercolour/Gouache](#)

- A4 pad or block of 300gsm Watercolour Paper (available on-line from most art suppliers)
- Alternatively, Daler Rowney Aquafine Boards (available in sizes A4 or A3)
- Jam Jar to hold water for washing brushes and thinning colours
- Kitchen roll for wiping up
- Drawing board to support your paper
- Table easel or other support so that you can paint with the surface in an upright position.

LESSON ONE: (14 minutes.)

An introduction to gouache, how to hold your brushes to paint different marks, basic colour mixing, moving on to mixing darker shades using complimentary colours

LESSON TWO: (7 minutes)

Painting fruit studies using limited brush-strokes and three colours. Step by step guidance throughout to help you learn.

LESSON THREE (23 minutes)

Still Life painting. Paint along with me working step by step to create your first finished painting.

LESSON FOUR (23 minutes)

Paint a summer landscape with poppies, again painting along with me working step by step to build confidence.

### ON-LINE SUPPORT

Whenever you need some extra help, please photograph your painting and email it to me using [art@melaniecambridge.com](mailto:art@melaniecambridge.com) so that I can respond giving you personal advice at each stage.

**Photo for Still Life Lesson:** Print off this page to have alongside you as you work through Lesson Three on painting a Still Life.

